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EXPANDING & NARROWING MY LIST OF OPTIONS



# Narrowing My Options



# Learning Outcomes

The information and guidance in this resource will help you to:

- Identify what aspects are important to you when you are deciding which occupations or courses or jobs to consider further.
- Reduce the number of occupations or courses or jobs that you are considering to a manageable number to assist with decision making.

Some people find that there are so many interesting occupations or courses or jobs that they become overwhelmed. When this happens it is important to narrow down your options to the best 3-5 options for now.

The sequential elimination model can help you to narrow down the number of options you are interested in to a smaller number. You can use the sequential elimination model to narrow down the number of options when you are considering occupations or courses or employment opportunities.

By following the four steps the below, eliminate options that don't satisfy what is important to you.

