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UNDERSTANDING MYSELF AND MY OPTIONS



How To Explore Occupations



Learning Outcomes

The information in this career resource will build your knowledge and understanding of:

- The information you need to seek when exploring occupations.
- Different ways of finding out information about occupations.
- Sources of information about occupations.

Getting factual knowledge about occupations is an important element of good career decision making.

Occupational Information

Some of the information that you can gather when exploring occupations includes:

- Duties and tasks involved.
- Education and training requirements.
- Skills needed.
- Personal requirements.
- Specialisations.
- National, state/territory and regional labour market information related to the occupation, including current and expected future job prospects.
- Earnings associated with the occupation. Salary, wage or hourly rate associated with the occupation.

This information will help you to answer these questions:

- Will I enjoy the tasks involved in the occupation?
- Do I have or can I gain the education, training, and skills needed for the occupation?
- How easy or difficult might it be to get jobs in this occupation in my region?
- What could I expect to earn?

